



The  
Purposeful  
Leadership  
Company

## Introducing Stuart Worker

Stuart is the co-founder of the Purposeful Leadership Company, a passionate Coach and thoughtful HR consultant.

He has extensive background in HR, Learning and Leadership development – with over 20 years' experience in progressive HR and leadership roles across the UK & Europe, Africa and the Middle East.



## Specialising in human motivation

Stuart specialises in human motivation, with deep expertise in mindset, limiting beliefs, motivation and human energy – all waiting to be unlocked through generative and explorative dialogue, honest challenge and experiential learning.

Stuart works with leaders and teams at points of change and during periods of high challenge – such as moving into a new Senior role; leading a challenging project; navigating a significant change or restructuring; or stepping into their first team leader role.

At an individual level, he coaches people to develop exceptional levels of clarity, self-awareness, trust and motivation. People become clearer about their identity, purpose, limiting beliefs and this leads to conscious, authentic and purposeful leadership.

## Coping with Covid fatigue

Stuart recently developed a framework for Coping with Covid fatigue rolled out to over 6,000 people across 12 countries. He currently coaches a number of leaders impacted directly and indirectly by the pandemic to help them find clarity, purpose and a renewed level of energy.

## For more information...

If you'd like more information about 1-1 coaching and building purposeful leadership capacity, please contact Stuart ([stuart@thepurposeful.co.uk](mailto:stuart@thepurposeful.co.uk)) or Lola ([lola@thepurposeful.co.uk](mailto:lola@thepurposeful.co.uk)).

